

Total Marks (60 Marks)

I. Reading (30 Marks)

A) Vocabulary (14 Marks)

a- From a, b, c, and d choose the correct answer: (4x2= 8 Marks)

1. There is a /an improvement in the field of health care in Kuwait.
a- spiritual b- conventional c- intellectual d- increased
2. My brother received a from a college in London to study Engineering.
a- confusion b- concern c- scholarship d- spectator
3. Most doctors depend on blood tests and X-rays to their patients' illnesses.
a- bounce b- diagnose c- thrive d- maintain
4. For ages, Arabian coffee has been offered to guests to show warm hospitality.
a- traditionally b- eventually c- currently d- relatively

b- Fill in the gaps with words from the list: (4x1½ = 6 Marks)

(quality / eliminate / demonstrate / symptom / goal)

5. All the students have to their projects to the teacher to be approved.
6. My family always supports me to achieve my to become a famous story writer.
7. All banks in Kuwait promote using credit cards to carrying too much cash.
8. Most customers try to find electric appliances with a good and a low price.

B) READING COMPREHENSION (16 Marks)

Read the following passage and then answer the questions:



Did you know that sleep is more important than food? A person who does not sleep dies at a younger age than a person who does not eat. We spend about one-third of our lives in sleep.

How much sleep do we need? The amount of sleep people need depends on different things, including age. Most healthy adults need between 7 to 9 hours of sleep each night to work at their best. Children and teens need even more. After the age of 50, people get only 5 to 6 hours of sleep each night. We need less sleep as we get older.

Most people have some nights when they cannot sleep. Poor sleep increases the **risk** of accidents and other illnesses like heart disease. It may also lead to poor memory. Getting too much sleep may not be good for people either. Too much sleep is linked to sickness.

Many famous people in history had a problem falling asleep. Some of these people had special ideas to make them sleep. For example, King Louis XIV of France had 413 beds. He moved from one to the other hoping to fall asleep.

Making simple but important changes to your daily habits can have a great influence on how well you sleep. To sleep better at night, experts suggest exercising regularly and going to sleep at the same time every day, especially on weekends. **They** also suggest avoiding heavy meals late in the evening.

a- From a, b, c, and d choose the correct answer: (6x2=12 Marks)

9. The **main idea** of the 2nd paragraph would be:

- How much sleep people need
- The effects of sleeping on our health
- King Louis XIV of France's sleeping habits
- The influence of daily habits on people's lives

10. The underlined word '**risk**' in the 3rd paragraph **means**:

- quest
- variety
- danger
- bond

11. The underlined word ‘They’ in the 5th paragraph refers to:

- a. weekends
- b. experts
- c. habits
- d. changes

12. What happens when we get older?

- a. When we get older, we sleep a lot more.
- b. When we get older, we can’t sleep at all.
- c. When we get older, we sleep less than before.
- d. When we get older, we need 7 to 9 hours of sleep.

13. According to the passage, which of the following sentences is **NOT TRUE**?

- a. Getting too much sleep is good for people.
- b. We spend one-third of our lifetime sleeping.
- c. Most people face difficulties sleeping at night.
- d. Many famous people had problems falling asleep.

14. The writer’s purpose in writing this text is to:

- a. list the different types of sleep.
- b. tell us about famous sleepers in history.
- c. compare children’s to adults’ sleeping habits.
- d. give information about sleep and its importance.

b- Answer the following questions: (2x2=4 Marks)

15. Why is poor sleep dangerous for people?

.....
.....

16. What should people do to enjoy better sleeping at night?

.....
.....

11- Writing (30 Marks)

A) Grammar (14 Marks)

a- From a, b, c , and d choose the correct answer: (4x2=8 Marks)

17. Machines won't be than the human brain.
a- intelligent b- more intelligent c- most intelligent d- the most intelligent
18. I am going to the supermarket to buy butter.
a- a b- an c- any d- some
19. Our team competes in the final football match; I wish they well.
a- train b- trained c- have trained d- will train
20. My friend sprained his ankle; he will not come to school for a week.
a- although b- because c- therefore d- in contrast

b-Do as required between brackets: (3×2=6 Marks)

21. "Why did you come late?" (Change into reported speech)

The teacher asked me

22. If I had received the invitation,

(Complete the sentence)

.....

23. After my father (**book**) the flight tickets, we decided to cancel our trip.

(Correct the verb)

.....

B) Writing (16 Marks)

Practising a sport is not only for winning, but also a way to inspire others, spread morals and values, and live healthier.

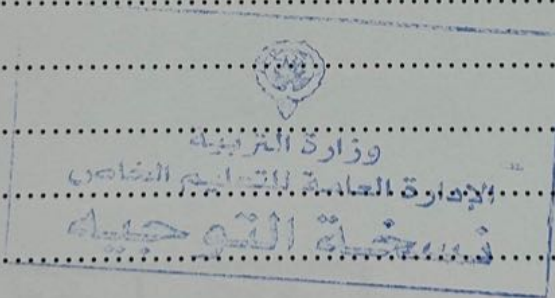
Plan then write a report of two paragraphs (NOT less than 12 sentences) talking about your favourite sport, and persuading your friends to join you by showing its benefits.

NB: Your writing should include (a topic sentence, supporting details, and a conclusion)

Pre-writing Plan (2 Marks)

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The topic (14 Marks)

Rubrics	Mark	SS Mark
▪ Planning (mind mapping / graphic organizers)	2	
▪ Exposition of ideas and coherence	7	
▪ Paragraphing and number of sentences	2	
▪ Grammar	1	
▪ Spelling	2	
▪ Handwriting	1	
▪ Punctuation	1	
Total	16	

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