

II-GRAMMAR (60 Marks)

A- From a, b, and c, choose the correct answer that best completes each of the following sentences: (4 x10 = 40 Marks)



11. My elder brother ride a horse when he was twelve years old.
a. **could** b. able to c. managed
12. We can either go shopping visit our grandparents at the weekend.
a. and b. nor c. **or**
13. You haven't finished your homework,?
a. do you b. **have you** c. will you
14. It was amazing play. I watched it more than three times this week.
a. **an** b. a c. the

B- From a, b, and c, choose the correct answer as required: (4x 5 = 20 Marks)

15. If the police hadn't come late last night, **(Complete)**
a. If the police hadn't come late last night, they will catch the thief.
b. If the police hadn't come late last night, they would catch the thief.
c. **If the police hadn't come late last night, they would have caught the thief.**
16. Once we started watching the film, the lights went out. **(Begin with: No sooner)**
a. **No sooner had we started watching the film than the lights went out.**
b. No sooner we had started watching the film than the lights went out.
c. No sooner we had started watching the film than the lights had gone out.
17. My neighbour **(live)** in Kuwait since 2015. **(Correct the verb)**
a. My neighbour lives in Kuwait since 2015.
b. **My neighbour has been living in Kuwait since 2015.**
c. My neighbour will live in Kuwait since 2015.
18. It was raining heavily. The referee refused to cancel the football match. **(Join)**
a. The referee refused to cancel the football match but the heavy rain.
b. However the heavy rain, the referee refused to cancel the football match.
c. **In spite of the heavy rain, the referee refused to cancel the football match.**



III- LANGUAGE FUNCTIONS (40 Marks)

From a, b, and c, choose what you would say in the following situations:(4x10=40 Marks)

19. You would like to invite your cousin to attend a celebration you are having next week.

a. I agree with my cousin's opinion.

b. **I look forward to seeing you.**

c. What do you know about the event?

20. A friend of yours asks you to suggest a nice place to spend the weekend.

a. **What about going to a chalet?**

b. Thank you in advance for your suggestion.

c. Please, try to be here before the guests arrive.

21. Your brother told you that he brought you the book you needed.

a. Because it will be the language of the future.

b. **Thank you so much for your help.**

c. I am sorry. I can't make it next Friday.

22. You are having an interview with a visitor to Kuwait.

a. **Is this your first visit to Kuwait?**

b. Why don't you visit Kuwait?

c. The main motive is visiting Kuwait.



II- SET BOOK QUESTIONS (40 Marks)

From a, b, and c, choose the correct answer to the following questions:(4x10=40 Marks)

23. Why is Hala February a patriotic celebration?
- Because shops offer big sales to attract more customers.
 - Because it coincides with the National Day and the Liberation Day.**
 - Because streets are decorated and lighted with colours of the Kuwaiti flag.
24. What is the importance of Diwaniyas in Kuwait?
- Diwaniyas are held in large tents or parts of houses.
 - They play an important role in reinforcing ties between families.**
 - The name comes from the Arabic word diwan, which means the office.
25. What are the characteristics of a good listener?
- Keeping attention focused on the speaker and listening openly.**
 - Controlling the conversation and interrupting the speaker.
 - Reacting to emotional words and judging before comprehending.
26. Why has Man invented writing?
- It has helped Man speak several languages.
 - Because farmers needed writing for agriculture.
 - To communicate, document and pass on information.**



V-WRITING (120 Marks)

محدوف (درجة اعتبارية)



VI- READING COMPREHENSION & SUMMARY MAKING (170 Marks)

Read the following passage and answer the questions that follow:

Regular exercise is important for maintaining physical and mental health. Taking part in physical activities not only helps to keep our bodies fit but also has many benefits that affect different aspects of our lives.

Regular exercise plays a vital role in managing and preventing serious diseases. An inactive lifestyle is linked to a higher risk of conditions such as obesity, diabetes, heart diseases, and certain types of cancer. Regular physical activity, on the other hand, helps to control weight, lower blood pressure, improve blood flow, and boost our immune system. By making exercise a part of our daily routines, we can significantly reduce these diseases and improve our health.

Exercise has a great effect on mental health. Physical activity releases "feel-good" hormones, which help to reduce stress and symptoms of anxiety. Regular exercise also improves **cognitive** functions such as memory, attention and concentration.

Another advantage of exercise is its positive influence on sleep. Participating in physical activities helps in getting better sleep patterns. Exercise helps to regulate our internal clock that controls our sleep-wake cycle. By using up energy during the day, we are more likely to have a deeper and more restful sleep at night.

Exercise also helps in building social connections and improving interpersonal relationships. Participating in sports, group fitness classes, or outdoor activities provides opportunities to meet new people and make friends. Moreover, social interaction and support contribute to positive mental health and can make exercise more enjoyable.

Finally, exercise promotes a longer and better life as we grow older. Regular physical activity helps to keep our muscles and bones stronger. This reduces the risk of falls and broken bones. It also improves balance and coordination, allowing older adults to maintain their independence and perform daily tasks easily. In conclusion, exercise has numerous health benefits beyond just physical fitness. It improves mental health, prevents illness, improves the quality of sleep and strengthens social connections. Therefore, let us prioritise exercise and make **it** an essential part of our daily routine.



كنترول القسم العلمي
بجته تقدير الدرجات



A- From a, b and c , choose the correct answer: (8x15 =120 Marks)

27. The **main idea** of the 2nd paragraph is:

- a. **Regular exercise manages and prevents serious diseases.**
- b. Regular exercise betters mental health and brain functions.
- c. Regular exercise strengthens social connections and relationships.

28. The underlined word “**cognitive**” in the 3rd paragraph is closest in meaning to:

- a. **mental**
- b. physical
- c. restful

29. The underlined word “**it**” in the **last** paragraph refers to:

- a. sleep
- b. illness
- c. **exercise**

30. According to the 3rd paragraph, physical activity affects mental health by:

- a. keeping our muscles and bones stronger.
- b. **reducing stress and symptoms of anxiety.**
- c. maintaining higher risk of conditions such as obesity.

31. Exercise helps us to have better sleep patterns because it:

- a. **helps to regulate our internal clock.**
- b. reduces the risk of falls and broken bones.
- c. prevents the release of “feel- good” hormones.



32. The writer encourages the readers to do outdoor activities to:

- a. affect the quality of life negatively.
- b. **improve interpersonal relationships.**
- c. increase the risk of diabetes and heart diseases.



33. According to the passage, all of the following statements are **TRUE EXCEPT**:

- a. Exercise can improve social connections.
- b. Regular exercise helps lower blood pressure.
- c. **Regular exercise has nothing to do with mental health.**

34. The **purpose** of the writer in writing this passage is to:

- a. show the importance of controlling weight.
- b. **invite readers to make exercise a part of their daily routine.**
- c. explain why having enough sleep is essential to stay healthy and fit.

B- Summary Making (50 Marks)

With reference to the last paragraph, tick (✓) the FOUR sentences that answer the following question: (4x12½=50 Marks)

How does regular physical activity promote a higher quality of life?

- 35. Regular physical activity helps to keep our muscles and bones strong. (✓)
- 36. It increases the risk of falls and broken bones. ()
- 37. It improves balance and coordination. (✓)
- 38. It prevents adults from maintaining their independence. ()
- 39. It improves mental health and prevents diseases. (✓)
- 40. It improves sleep quality and strengthens social connections. (✓)

V11-TRANSLATION (30 Marks)



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محذوف (درجة اعتبارية)

انتهت الأسئلة
End of the Exam
Good Luck

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